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# Shamag

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# Congratulations!



#BSUVirtual2020

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First published in 1996, Shamag is one of the official publications of Benguet State University. It was named after the Ibaloi word for news. It is a medium for employees, clients, students and partners to disseminate their programs, achievements and advocacies. Shamag aims to help the University goals in developing proactive programs for quality service by developing effective and efficient innovative platforms for cascading information and strengthening public-private partnerships.

Articles, pictures, comments, suggestions, reactions, and letters to the Editor may be submitted to the Editor or Associate Editor of Shamag at the Benguet State University Public Affairs Office through (074) 422-2127 loc. 69 or through email at [publicaffairs@bsu.edu.ph](mailto:publicaffairs@bsu.edu.ph).

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## VISION\*

A PREMIER UNIVERSITY delivering world-class education that promotes sustainable development amidst climate change

## MISSION

To provide quality education to enhance food security, sustainable communities, industry innovation, climate resilience, gender equality, institutional development and partnerships

## CORE VALUES (SLIDES)

Student-centered  
Leadership  
Integrity  
Diversity  
Efficiency  
Service

## GOALS AND OBJECTIVES

**Goal I.** To develop proactive programs to ensure relevant quality education

### Objectives:

- 1.To benchmark curricular and co-curricular programs with national and international standards
- 2.To develop alternative learning experiences to enhance skills that match industry needs
- 3.To develop innovative and relevant curricular and co-curricular programs
- 4.To enhance proactive student welfare and development programs

**Goal II.** To develop proactive programs for quality service

### Objectives:

- 1.To enhance relevant human resource development programs
- 2.To develop effective and efficient innovative platforms for cascading information
- 3.To enhance and develop employee welfare programs

**Goal III.** To enhance responsive systems and procedures for transparent institutional development

### Objectives:

- 1.To enhance and develop innovative financial management systems
- 2.To ensure transparency in all transactions in the university
- 3.To ensure inclusive and consultative decision making

**Goal IV.** To develop relevant and gender sensitive research and extension programs for institutional development, sustainable communities, climate resilience, industry innovation, and partnerships

### Objectives:

1. To develop relevant multimedia tools in disseminating technology, knowledge and information generated from RDE programs
2. To develop relevant RDE activities that will address current problems and support cultural advocacy
3. To partner with strategic local, regional, national and international entities

**Goal V.** To strengthen and expand public-private partnership

### Objectives:

1. Sustain and pursue functional University-relation with the alumni and other organizations both in the government and non-government entities
2. To strengthen the linkage among academe, industries, LGUs and community

**\*Board of Regents Approved Resolution # 2494, s. 2016.**

### Revised Quality Policy:

"Benguet State University is continuously committed to improve its Quality management System, satisfy requirements of relevant interested parties and provide excellent service for quality education and innovative research aligned with sustainable development and client satisfaction.."

Board Resolution # 2736, s. 2018

## Talk to us!



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# BSU HONORS GRADUATES thru Virtual Commencement Exercise

Amidst the COVID-19 Pandemic, Benguet State University honored its 899 graduates from all of its campuses thru a graduation ceremony streamed online on July 24, 2020. This 95<sup>th</sup> Virtual Commencement Exercises was viewed thru the official University Facebook page.

La Trinidad Campus produced 20 post baccalaureate graduates, 646 bachelor's degrees graduates 42 doctoral degree

graduates and 98 master's degree graduates. On the other hand, there were 41 bachelor's degree graduates from the Bokod Campus and 51 in Buguias Campus.

Dr. Danilo B. Bose, BSU OIC President, congratulated the graduates amidst this time of pandemic and underscored in his message the qualities that the graduates have developed and will help them as they step to

their next journey.

“Resilience, positivity and determination- these qualities you have developed overtime will aid you in the world of work. It may be challenging now to start this journey but remember as BSU graduates, you are equipped enough with knowledge, skills and attitude to transform your dreams into reality. Remember the road that you will traverse in this life may not always be

straight but it is a journey that you will learn the values to help you get going,” said Dr. Bose.

Ellen Joy B. Padilla, Bachelor in Secondary Education from La Trinidad Campus, cum laude, thanked BSU for giving her the opportunity together with the other lifelong learners to finish their tertiary education, calling the class of 2020 as the transition batch.

“Four years ago , CHED opened the opportunity for those who didn't finish the senior highschool to pursue tertiary education. This makes our batch one of a kind-the transition batch, the batch of lifelong learners,” she said in her valedictory speech.

Padilla challenged her batchmates to be better after graduation especially in facing the new normal.

“...change is constantly around us, change has not only come but also here to stay...we are not among the superheroes who change their imaginary world. We need to be flexible and innovative, efficient yet effective,” Padilla stressed.

Padilla further encouraged her batchmates to be more proactive individuals and make use of their skills in being part of a better community.

“Para sa ating lahat na magtatapos ngayon sana gamitin natin ang karunungan, kaalaman, talento at kakayahan na ating taglay at natutunan upang tayo ay maging aktibo at kapakipakinabang sa ating lipunan at higit sa lahat at sa buong mundo,” she concluded.

As of writing, the 95<sup>th</sup> virtual commencement exercises reached 89,978 people with more than 44,000 views, 38, 563 engagements and 489 shares.

It was later also uploaded on the BSU official Youtube channel.

//DSEmok



*Virtual Graduation Snapshots*  
BSU OIC President Danilo Bose (center) posed together with the vice presidents of their respective sectors.



*Virtual Graduation Snapshots*  
Dionesia A. Bassit, as the 2nd highest GWA, led the Pledge of Loyalty.



*Virtual Graduation Snapshots*  
Ellen joy B. Padilla who gained the highest GWA, delivers her valedictory address.



## Newly appointed OIC president share insights on BSU

Atty. Marco Cicero F. Domingo was designated as the Officer-in-Charge of Benguet State University-Office of the President on June 6, 2020, at that time, he was the Regional Director of the Commission on Higher Education - Cordillera Administrative Region (CHED-CAR).

Atty. Domingo shared that he is impressed with BSU knowing that it is a Level IV SUC. He has been visiting the University several times since he was a child and also bought various items from the IGPs.

“What took my attention is that BSU has a lot of space compared to other schools. I hope it will be maintained and further developed,” said

Atty. Domingo. However, he pointed out that buildings within the University should be designed to fit the local culture citing the practice in Calle Crisologo, Vigan, Ilocos Sur where modern buildings are designed to have a vintage facade to blend into the surrounding age-old buildings.

Amidst the CoVID-19 pandemic, Atty. Domingo looks forward to have BSU faculty members lead the way in adapting to the new normal of higher education. He expressed confidence that many faculty members have enough knowledge to help capacitate others in blended flexible learning and Learning Management Systems (LMS).

*//JSTabangcura*

## Dr. Danilo B. Bose is BSU Officer-in-Charge after Atty. Domingo

Dr. Danilo B. Bose assumed as the Officer-in-Charge of BSU on June 26, 2020 through CHED Special Order No. 35, s. 2020. He replaced Atty. Marco Cicero F. Domingo who was re-assigned to the CHED Central Office. Dr. Bose is also the Officer-in-Charge of the Commission on Higher Education-CAR. He will be the BSU-OIC until the next president will be appointed.

Despite juggling the responsibilities of being the OIC Regional Director of CHED-CAR and OIC President of Benguet State University, Dr. Bose expressed his gratitude for the warm welcome he has received so far.

“It’s an honor and privilege to be your OIC President. I’m so lucky because I am also able to visit Buguias, and Bokod in my short stay in BSU. Nakalibot na ako, nag conduct ng consultation, I met nice people there, just like here in the main campus, mga mababait at magagaling na mga empleyado,” Dr. Bose said.

Dr. Bose is from the CHED Region 1 office and sits as a non-voting member and the chairman of the Academic and Administration Committee of the Board of Regents.

*//JSTabangcura*

# COPC GRANTED

to BS Chemistry and BS Math, graduate programs in Math, Filipino and Forestry

BS MATHEMATICS  
MA MATHEMATICS

BS CHEMISTRY

MA IN FILIPINO

MS IN FORESTRY

Certificates of Program Compliance (CoPC) were granted to Benguet State University for the courses Bachelor of Science in Chemistry, Bachelor of Science in Mathematics, Master of Arts in Mathematics, Master of Science in Forestry, Master of Arts in Filipino and Master of Science in Mathematics. All of these courses granted with CoPC except MS in Forestry are offered in the College of Arts and Sciences (CAS). MS in Forestry is offered in the College of Forestry (CF). BS Chemistry and BS Mathematics are new offerings while the rest are existing programs of BSU.

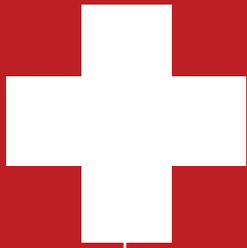
According to CHED Memorandum Order (CMO) No. 14, Series of 2019, the CoPC is to ensure that the existing programs of the State Universities and Colleges (SUCs) and state-run Local Universities and Colleges (LUCs) are quality assured. The same CMO provides that if an SUC/LUC will not be able to secure CoPC within two years from the effectivity of the CMO, its governing board may decide whether or not to continue offering the program.

Meanwhile, CHED requires new course offerings to undergo preliminary assessment which will ascertain the readiness and capability of the SUC/LUC to operate a new

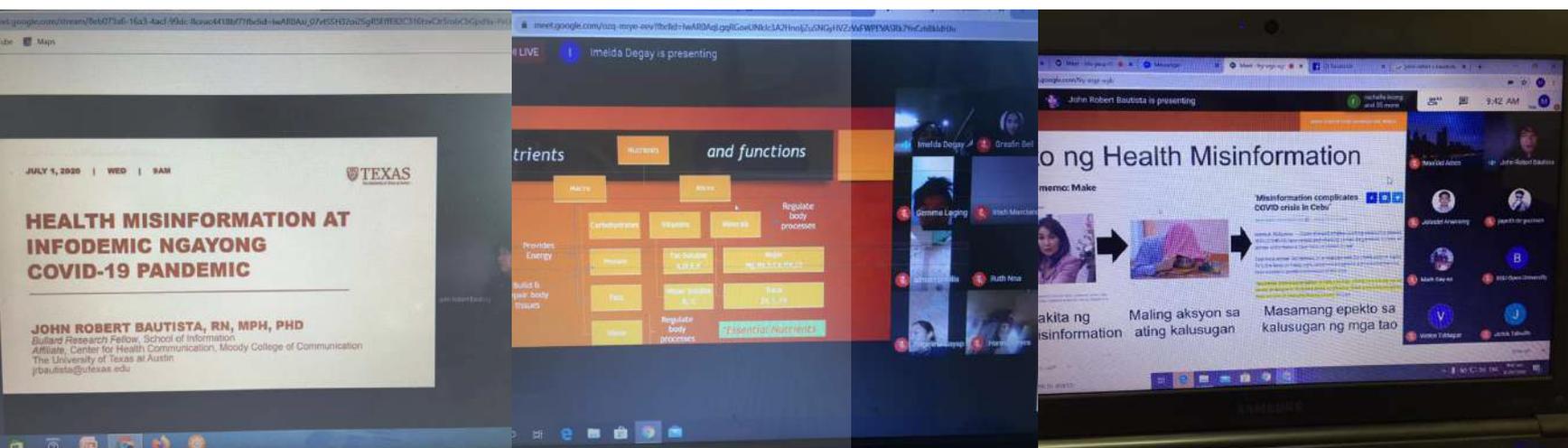
program in terms of: feasibility; availability of qualified program head and adequate faculty members; library resources; laboratory facilities/equipment; and alignment of program/s to be offered with the institution's mandate.

"A program that is issued with COPC would mean that it is compliant to the Policies, Standards and Guidelines (PSGs) set by CHED. This also means that the curriculum of the program is attuned to quality education in accordance with the provisions of Republic Act No. 7722, known as the Higher Education Act of 1994 at par with international standards," said CAS Dean, Dr. Samuel S. Poliden.

Dr. Poliden shared that acquiring the CoPCs entailed packaging and submission of pertinent documents to CHED followed by ocular evaluation. Other programs currently submitted for certification by CHED are Master of Arts in English as a Second Language and Doctor of Philosophy in Language. //JSTabangcura



# BSU conducts HEALTH WEBINAR SERIES



The BSU-College of Nursing (CN) in partnership with the BSU-Information and Communication Technology (ICT) Division organized the “Webinar Series for Health 2020”. Various sessions were held on June 19, June 25, July 1, July 8 and July 22, 2020. The webinar series was sponsored for free to all participants.

Mercedes S. Calpito, Development Management Officer V of the Provincial DOH Office-Benguet and Melanie June Pucay Caleño, Nurse V and Health Policy Systems and Research Fellow of DOH discussed the Minimum Public Health Standards/Guide for Benguet/Local Communities on June 19. This aimed to characterize the implementation of the minimum public health standards in the community setting and value the importance of individual and family response in the prevention of COVID-19 transmission.

Janelyne E. Tuyan, FreeLance National Educator shared on June 25 the individual and family coping mechanisms in the new normal and appreciated the community efforts in promoting mental health during the pandemic on June 25. This was followed by the lecture of John Robert Bautista, Bullard Research Fellow at the University of Texas, USA who discussed “Health Misinformation and Infodemic and CoVid-19 Pandemic on July 1. This is intended to identify the ways of combating health misinformation during the pandemic.

Moreover, Imelda O. Degay,

Professor V of the BSU-College of Home Economics and Technology discussed “Healthy Diet and Nutrition and Covid-19 Pandemic on July 8 which aimed to value the importance of healthy diet and nutrition in the prevention of diseases, particularly the COVID-19 while Florence V. Poltic, Medical Officer III of BSU-University Health Services discussed on July 22 regarding Student’s Health Preparation for the new normal to ensure optimal health while studying during the new normal and recognize the importance of observing the minimum public health standards.

The webinar series was attended by BSU employees and students, members of the Benguet community and participants from various countries.

According to Mark Gay-as, CN Instructor, the college plans to conduct another series on August 2020 which will focus on disinfectants. He added that they will be conducting other sessions once a month from August and hoped that it will be sustained until December 2020.

//EMBawayan



The background is a solid dark green color. It features several stylized, dark grey virus particles. Each particle is spherical with a textured surface and has several thin, black, cylindrical spikes protruding from its surface. The particles are scattered across the frame, with some appearing larger and more prominent than others.

BSU's  
**COVID-19**  
**PREVENTION RESPONSE**

## BSU's COVID-19 Prevention Response

Due to the circumstances that the COVID-19 Pandemic has caused, the BSU management promptly created a prevention response for the safety of students and employees.

Some of the response that are being implemented are

- (1) the triage process,
- (2) maximizing the use of virtual seminars and classes and modules as mode of learning,
- (3) social distancing in a queue and in the work places
- (4) disinfection before entering a building
- (5) disinfection of borrowed books from the university library

The University is continuously thinking of more ways to ensure the safety of its students and employees while simultaneously implementing its mandate.



BSU VP for Academic Affairs addressing Faculty Members in a Webinar.



University Health Services (UHS) Personnel conducting triage of BSU employees at the start of every month.

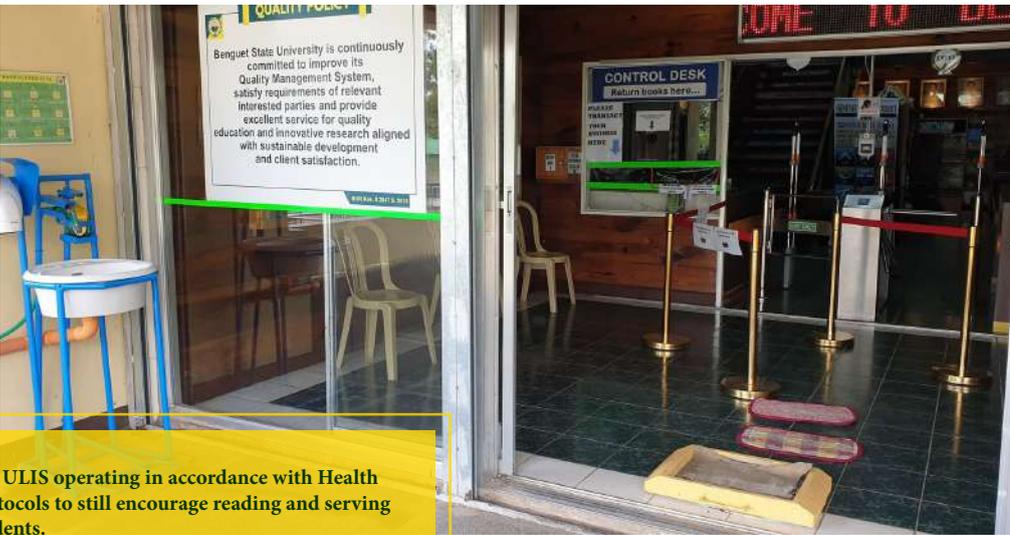




Optimum health protocols are observed specially in the BSU Administration Building where most students and clients visited during the enrollment period.



An online defense conducted by the Graduate School



The ULIS operating in accordance with Health Protocols to still encourage reading and serving students.





#iBSUak

## CHALLENGE ACCEPTED *by Yubin Jeong*

I still remember my first class at the BSU-International Language Center. The desks in the classroom were placed in a circle. Twelve Korean students including myself had to introduce ourselves in English. That was so awkward and embarrassing at first. We did not yet talk to each other even in Korean. We were not even accustomed to speaking in English at all. I just met some of them. I felt stupid saying “Uh.. my name is Yubin... and.. umm..” I was so shy and lacked confidence to speak in English. Since the group was small, every single word I said was judged by my classmates and I had to listen to their feedback. I wanted to just run away from the situation. Since then, I started studying English more so that I will not be a fool.

One day, a professor let me go out and interview any Filipino student. I went out of the classroom and started looking for a student. Although there were a lot of students, I was afraid of approaching them. I just hoped that there should be at least one person who had the patience to talk to me. At that time, I found a girl who was sitting alone. I approached the girl and said hi. She tried her best to listen to me and answer adequately. It was easier and simpler than I thought. I gained confidence and the second interview was quick. I did 10 more interviews in just 10 minutes. Since then, I was able to greet students on my way to class.

That was just the beginning. The next challenge came just around the corner.

The professor asked us to make a presen-

tation in a class of Filipinos. That was my first public speaking activity in English. Picking a topic, making the whole Powerpoint and script was so hard. Public speaking isn't just reading. I needed to address my opinion, inform and persuade. I had to care about a lot of details to get people's attention moving slowly but firmly, contacting eyes and showing my confidence. I just needed to be professional. I learned about those things and tried to apply them in my presentation. I memorized the script and practiced and practiced. Professors fixed any mistakes to make me better. Finally, I went into the classroom. The students were looking and waiting for me to start. I was so nervous. My hands holding the script were shaking and my voice was trembling.

The lines I memorized disappeared. There was nothing inside my head. I didn't know how to finish it and then I just heard them giving me a round of applause. I thought, “Oh my god, I did it!” after that I did it easily in other classes. That was how I got used to public speaking.

The final exam was a debate. Challenge accepted. I had done debate a lot of times with my ILC tutor. There were new topics every day. Under limited time, I could arrange my opinion and speak for myself spontaneously. I learned how to make my argument stronger, speak effectively and respond to my opponent's opinion. It was so helpful that I did not hesitate to tell people

something without translating in my mind. I thought, “Now, I could

speak in English fluently for real.” The debate was tough. Both sides were well-prepared and were able to defend themselves with their English skills. We almost had a real argument. It means we were so passionate and progressive enough. I was so proud of myself and I cheered myself up so that I could go on and on.

The BSU-ILC program changed me. The course which fits ESL students made me progress gradually and helped me overcome all challenges. It was not only an educational achievement but also a priceless time for self-reflection and

personal improvement. I became confident to speak with a person and an audience. Now I am working in Canada. I never imagined that I can work speaking in English and handle any problems. Furthermore, I met and made friends with a lot of people around the world. No one can deny that this program became a stepping stone for me to go further.

*- Yubin Jeong wrote this in a letter to her former instructors at the ILC. It is published with her permission.*

# 10 WAYS YOU CAN PREVENT COVID-19

PREVENTIVE MEASURES  
ADVISORY FROM THE  
BENGUET STATE UNIVERSITY  
HEALTH SERVICES UNIT



1

Wear face mask and face shield at all times while at work. Nobody is exempted.



2

Dining face to face is discouraged because this is where transmission occurs, when mask is not worn.



3

Make a daily diary of people you had a close contact with.

There is a close contact when:

- No face mask is worn or face mask is worn but the NOSE is exposed
- Distance is less than one meter
- Duration of contact is 15 minutes or more
- Contact is in a closed space e.g. Office

4

Avoid loafing from office to office. Leave any documents for signing and pick them up when done.



5

Stay at home, isolate and rest when you have flu-like symptoms such as colds, cough, fever, sore throat and body pains. Take Neozep or Paracetamol (500 mg) every 4-6 hours. Contact the UHS via mobile number 09481039196 for advice.



6

Stay at home if you are an employee who was swabbed whether elective or mandatory. Stay at home while waiting for the result.



7

14 days home quarantine-

Direct contacts or Primary Contacts of a COVID 19 Positive as validated by the LTB Contact tracers/UHS are automatically advised to undergo 14 days Home Quarantine.

Those without symptoms will be swabbed on the 7th day after exposure to the COVID positive patient.

Those who develop flu like symptoms any day before the 7th day will automatically be referred for swabbing.



8

Secondary contacts may report for work provided they have no flu like symptoms but should strictly observe the health standards and observe symptoms. Those who develop symptoms shall contact their respective BHERTS /UHS.



9

Head of office to monitor his/her own ranks if they are wearing face shields and face masks.



10

Motorcycles/bicycles should not be parked inside buildings since it is a violation of the health standard on Environmental Sanitation.