

BSU Research and Extension Coordinators from the different colleges, full time researchers and staff of R&E Sector gathered in a 5-day Planning Workshop in Dagupan City with the primary aim to streamline R&E operations.

//NLenguaje

BSU Planning Workshop to STREAMLINE RESEARCH and EXTENSION OPERATIONS

with DR. LILY ANN D. LANDO Overall Facilitator

March 25-29, 2019 LITURGY COAST RESORT Dagupan City



INSIDE



NSTP CONDUCTS SINGING COMPETITION AND ECO-FASHION SHOW TO PROMOTE ENVIRONMENTAL CONSERVATION



FACULTY AND STUDENTS TRAIN ON FRUIT AND VEGETABLE CARVING



BSU CONDUCTS TRAINING ON PAP PROPOSAL PREPARATION WITH GENDER PERSPECTIVE



Shamag

Official Publication of Benguet State University

ISSN 0118-0304

MARCH 2019
Vol. XXIV No. 3

Workshop held to align R&E operations with Sustainable Development Goals

The BSU Research and Extension sector conducted a planning-workshop to streamline research and extension operations on March 25-29, 2019 at Dagupan City, Pangasinan.

Dr. Carlito P. Laurean, Vice President for Research and Extension, said that the planning-workshop intends to identify overlaps and interfaces between and among the R & E centers; mainstream student researches into the University R & E programs; identify faculty from the Colleges as pool of researchers in the various R & E Centers; and identify RDE agenda and priorities aligned with the Sustainable Development Goals (SDGs) as well as to map out the 3-year operational plan (2020-2022) of the sector.

CONTINUED ON PAGE 5



BSU student makes it to 21st Ayala Young Leaders Congress

Cristine M. Soriano, a 3rd year student of the College of Teacher Education was selected as one of the 80 participants to the 21st Ayala Young Leaders Congress (AYLC). Soriano was selected out of 575 student-leaders from all over the country who applied for the congress. The 21st AYLC with the theme, "Leaders Committed to the Filipino", was held on February 19-22, 2019 at Lima Park Hotel, Malvar, Batangas.

CONTINUED ON PAGE 4

TBI Project Leaders urged to 'level up'



"There must be a leveling up in your TBI (Technology Business Incubation)."

Mr. Noel A. Catibog of DOST-PCAARRD said to batch 2 project leaders of the TBI program during the Agribusiness Incubation Seminar Workshop on March 6-8, 2019 at Benguet State University Agri-based Technology Business Incubator/Innovation Center.

CONTINUED ON PAGE 5

EDITORIAL BOARD

EDITOR

Kara S. Panolong

ASSOCIATE EDITOR

Jennyline L. Sabado-Tabangcura

PROOFREADER

Elsie M. Bawayan

LAY-OUT ARTIST

Karl Jon D. Pagada

WRITERS

Jennyline L. Sabado-Tabangcura

Kara S. Panolong

BSDC Interns: Marife

BSDC Interns: Premalyn Malado

BSDC Interns: Roderick

CONTRIBUTORS

Alma D. Santiago

PHOTOGRAPHERS

Dalos S. Emok

Jennyline L. Sabado-Tabangcura

Mikhail Lorenz H. Del Rosario

Noel Lenguaje

BSDC Interns: Jafet

BSDC Interns: Premalyn Malado

CIRCULATION STAFF

Mikhail Lorenz H. Del Rosario

Records Office

CONSULTANT

Feliciano G. Calora, Jr.

Carlito P. Laurean

Kenneth A. Laruan

John James F. Malamug

Silvestre K. Aben

First published in 1996, Shamag is one of the official publications of Benguet State University. It was named after the Ibaloi word for news. It is a medium for employees, clients, students and partners to disseminate their programs, achievements and advocacies. Shamag aims to help the University goals in developing proactive programs for quality service by developing effective and efficient innovative platforms for cascading information and strengthening public-private partnerships.

Articles, pictures, comments, suggestions, reactions, and letters to the Editor may be submitted to the Editor or Associate Editor of Shamag at the Benguet State University Public Affairs Office through (074) 422-2127 loc. 69 or through email at publicaffairs@bsu.edu.ph.

Submitted materials will be acknowledged but Editors will determine whether materials submitted for publication shall be printed based on the Filipino Journalist's Code of Ethics. The editors also reserve the right to edit submitted materials for mechanics. The Shamag is guided by the journalistic standards of the Associated Press. Any opinions expressed are those of the writer and do not necessarily reflect the views or opinions of the Shamag staff.

VISION*

A PREMIER UNIVERSITY delivering world-class education that promotes sustainable development amidst climate change

MISSION

To provide quality education to enhance food security, sustainable communities, industry innovation, climate resilience, gender equality, institutional development and partnerships

CORE VALUES (SLIDES)

Student-centered
Leadership
Integrity
Diversity
Efficiency
Service

GOALS AND OBJECTIVES

Goal I. To develop proactive programs to ensure relevant quality education

Objectives:

- 1.To benchmark curricular and co-curricular programs with national and international standards
- 2.To develop alternative learning experiences to enhance skills that match industry needs
- 3.To develop innovative and relevant curricular and co-curricular programs
- 4.To enhance proactive student welfare and development programs

Goal II. To develop proactive programs for quality service

Objectives:

- 1.To enhance relevant human resource development programs
- 2.To develop effective and efficient innovative platforms for cascading information
- 3.To enhance and develop employee welfare programs

Goal III. To enhance responsive systems and procedures for transparent institutional development

Objectives:

- 1.To enhance and develop innovative financial management systems
- 2.To ensure transparency in all transactions in the university
- 3.To ensure inclusive and consultative decision making

Goal IV. To develop relevant and gender sensitive research and extension programs for institutional development, sustainable communities, climate resilience, industry innovation, and partnerships

Objectives:

1. To develop relevant multimedia tools in disseminating technology, knowledge and information generated from RDE programs
2. To develop relevant RDE activities that will address current problems and support cultural advocacy
3. To partner with strategic local, regional, national and international entities

Goal V. To strengthen and expand public-private partnership

Objectives:

1. Sustain and pursue functional University-relation with the alumni and other organizations both in the government and non-government entities
2. To strengthen the linkage among academe, industries, LGUs and community

***Board of Regents Approved Resolution # 2494, s. 2016.**

Revised Quality Policy:

"Benguet State University is continuously committed to improve its Quality management System, satisfy requirements of relevant interested parties and provide excellent service for quality education and innovative research aligned with sustainable development and client satisfaction."

Board Resolution # 2736, s. 2018

Talk to us!



74-422-2009 (Telefax, University and Board Secretary)

074-422-2402 (Trunkline connecting all offices)

074-422-2281 (Telefax, President's Office)



president@bsu.edu.ph



Your personal info is worth much more than freebies- NPC lawyer

Atty. Regine Noelle B. Ignacio of the National Privacy Commission's (NPC) Compliance and Monitoring Division discussed the value of personal information in a lecture about the provisions of the Data Privacy Act (DPA) of 2012 during the recently concluded IT Week.

Ignacio, who belongs to the BSU Bachelor of Science in Information Technology batch of 2013 now works as a lawyer in the said commission. Her lecture is one of the highlights of the IT week celebrated by the Institute of Information Technology on February 25-March 1, 2019 with the theme, "BYTE: Boosting the Youth's 'Techi-ness' for Excellence".

"Minsan, dahil may libre, binibigay na natin iyong personal information natin, ipinagpapalit natin sa mga bagay. Hindi natin alam mas valuable pala ang ating personal information," said Ignacio as she reiterated that everybody should find out how their information will be used before they consent to providing it.

One participant asked whether allowing himself to be photographed is a form of

consent.

"That is implied consent, under the DPA, consent should be freely given, specific and informed evidenced by written, electronic or recorded means," replied Ignacio. She reiterated that Personal Information (PI) could be improperly retained and shared to other parties.

She presented a case in which a teacher got into debt because of loans he did not apply for. The victim later admitted that he posted a photo of his Identification Card online.

Sensitive PI includes: race, ethnic origin, marital status, age, color and religious, philosophical or political affiliations; health, education, genetic or sexual life, or to any proceeding for any offense committed or alleged to have been committed by such

person, the disposal of such proceedings, or the sentence of any court in such proceedings; information issued by government agencies peculiar to an individual which includes, but not limited to, social security numbers, previous or current health records, licenses or its denials, suspension or revocation, and tax returns; and information that is specifically established by an executive order or an act of Congress to be kept classified.

Under DPA, those who control the processing of personal data or Personal Information Controller (PIC) such as schools, banks, hospitals and social media sites are obligated to: collect PI for specified and legitimate purposes; retain the information for no longer than necessary; implement organizational, technical and physical measures for the protection of data; process accurate, relevant and up to date PI; collect and process PI adequately and not excessively; and process PI fairly, lawfully and in accordance to the rights of a data subject.

Unauthorized processing, access due to negligence, improper disposal, unauthorized purposes, intentional breach, concealing breach are acts regarding the retention and processing of punishable with up to 6 years of imprisonment and Php 500,000.00 fine.

The DPA's main purpose is to protect individual personal information in information and communications systems in the government and the private sector.

Public can turn to NPC for assistance with the following contact details 09451534299 | 09399638715 and email info@privacy.gov.ph.
[//JSTabangcura](http://JSTabangcura)



Faculty and Students train on Fruit and Vegetable Carving

Benguet State University (BSU) faculty and students from the CTE-Secondary Laboratory School (CTE-SLS) and the College of Agriculture (CA) participated in the “Skills Training on Fruit and Vegetable Carving and Stakeholder’s Consultation” held at the Chrysanthemum Hall on March 14-15, 2019. The training was organized by the Horticulture Research and Training Institute (HORTI) with the aim to impart basic steps of fruit and vegetable carving and enhance skills of stakeholders for livelihood and business opportunities.

According to Amelia Kimeu, Senior Science Research Specialist who heads the Vegetable Crops Division, they also organized the training to enhance the skills of those who already have knowledge in fruit and vegetable carving such as the horticulture students and other interested individuals.

“Mayat ngay jay training. Na-fulfill kami ken na-inspire gamin nagadu napan. Umiparagsak. (The training was good. Were fulfilled and inspired since many participants),” expressed Kimeu.

The training included a lecture and a demonstration by the resource speaker, Mrs. Nhellie Sab-it, a freelance vegetable and fruit carver. Afterwards, the participants did their



Participants of the Fruit and Vegetable Carving Skills Training try out what they have learned during the lecture session.
//PDMalado

BENGUET STATE UNIVERSITY | Photo by Dennis Ong

own carvings which were evaluated by Mrs. Sab-it.

“Napardas da piman nga maadal jay naisuro kenyada. Kayang kaya da nga tuladen jay inaramid ko nga na-carve ken mas maymayat pay (The participants are fast learners. They were able to imitate the carvings I did, if not better),” said Sab-it.

“Mayat diyay ta mabalin nga pangkabuhayan. Dagijay mothers nga agtrabtrabaho ket mabalin nga pang side line met lang (The training was helpful because it can be used as livelihood. Working mothers can also have it as a second job),” commented Priscilla Esco, one of the participants.
//PDMalado | BSDevComm Intern

BSU student makes it to 21st Ayala Young Leaders Congress... from page 1

AYLC is a student leadership summit designed to build confidence, hone leadership skills, nurture commitment, foster nationalism and idealism, and encourage faithful stewardship.

Soriano applied for the congress and described the application process as a teamwork among other people and herself.

“You have to give more time to it. In the online application, you have to be very careful. You should also always update your mentors and colleagues who are evaluating you. So my three mentors, my three colleagues and I had to work together,” said Soriano.

She recognizes the support of Ramon C. Fiangaan Jr, Head of Student Organization and Activities, Gabriel Tugbo, President of Supreme Student Government,

including her mentors Alexandra Sad-ang, Maricel A. Castigo-Immalog, President of Elementary School Alumni Association, Marissa N. Sabado, Basca National High School-OIC, Janet Gamboa, Cristie Joy Ago-an, and Kenneth A. Sabado, Sanguniang Kabataan Chairman of Basca, Aringay, La Union.

The process included a panel interview by the executives of Ayala Group of Companies and Senior AYLC Alumni at Ayala Corporations head office in Makati City on November 26-27, 2018.

“I was nervous. I have known that Ayala is one of the most prestigious companies in the Philippines, but upon meeting them, it was a relief. The interview was not formal, it was very conversational, it was like sharing a story to close friends and all of them were listening,” Soriano related.

On December 13, 2018, after thorough

and careful deliberations, she was finally selected as an AYLC participant.

Despite going through a rigorous selection process, Soriano had self-doubts knowing that the other 79 delegates had good track records as student leaders. Later on, she realized that being part of the AYLC is not only about herself but the desire to serve, the positive impact she had to others and her potential for greater leadership purposes.

She shared that one of the biggest learnings she gained from AYLC is the Servant-Leadership concept where the leader is a servant first before aspiring to lead.

“I was not there just for myself but for a greater purpose. I was chosen from the unchosen many to serve and lead the least, the last and the lost,” she added.

//REAguiar Jr | BSDevComm Intern

TBI Project Leaders urged to 'level up' . . . from page 1

Catibog explained that establishing a partnership with institutions that would help the incubation program of project members is a way of leveling up.

Catibog is Officer-in-Charge of the Technology Transfer and Promotion Division of DOST-PCAARRD. He was the resource speaker for Sustainable Planning.

"After our support to our incubatees then if they would be employed to big companies, they would contribute to our national economy," he added.

Catibog was followed by Mr. Pablo J. Rafael

Jr., Project Leader, DOST PCAARRD-CLSU Agriculture and Food who lectured on TBI Business Plan Development. He discussed the proper way of promoting TBI especially in the community or in their respective institutions.

"Capability Building is very important for our staff; sometimes the language of the 80's and 20th centuries are no longer applicable in the millennial stage and we cannot avoid that especially that we are dealing with young entrepreneurs. We should also be aware of their language on top of the technologies we are offering. Who we are catering now are mostly those millennial" Pablo expressed.



Batch 2 Project Leaders of TBI program pose for posterity after the Agribusiness Incubation Seminar Workshop on March 6 - 8, 2019. //DSEmok

Meanwhile, Ms. Ruth C. Diego, Director of BSU ATBI/IC and overall project leader talked about the TBI Operations Manual Development.

Diego explained that it is important to know the background of a target client and his/her transformation after the incubation.

"The performance of the incubatees reflect the performance of the TBI," she asserted.

The members of the ATBI-TBI project are: Benguet State University, Central Luzon State University, Cavite State University, Isabela State University, University of the Philippines Visayas and Visayas State University for Batch 1.

BSU, Capiz State University, Central Mindanao University, Laguna State Polytechnic University, Sultan Kudarat State University, Don Mariano Marcos Memorial State University, Western Philippines University and Western Mindanao State University for Batch 2 ATBI-TBI project.

The ATBI-TBI is a two-year project that aims to help farmers, fisherfolks and target clients become an entrepreneur under the Technology Business Incubation Program of DOST-PCAARRD. //DSEmok

Workshop held to align. . . from page 1

Dr. Lily Ann D. Lando, resource person during the planning-workshop introduced an overview of the SDGs and the Philippine Development Plan and various strategies in order to achieve the objectives of the activity.

In a series of workshops, the participants were able to identify their sectors research agenda and set interventions or activities to achieve them at the same time addressing the problems in their own sectors.

The participants set a criteria in evaluating the programs/projects in their sectors. They also drafted the research process flow and extension process flow.

Considering all the activities undertaken during the workshop, the participants were expected to come up with their final output

which include their updated RDE priorities and the 3-year operational plan of their sectors.

R & E Challenges

During the activity, BSU President Dr. Feliciano G. Calora, Jr. challenged the different centers/institutes to come up with 50M pesos worth of research proposals so that once the University has a database of research, it can easily be repackaged to conform with the requirements of a particular funding agency.

"Funding Agencies sometimes want immediate proposals and as much as possible, we like to have a variety of research proposals", Dr. Calora said.

He also said that the management is currently rationalizing and developing the organizational structure to increase research centers/institutes in order for research funding

operations to be equivalent or even exceed the General Appropriation of the University.

He also encouraged the R & E sector to strategize and align its activities to the SDGs and continue to publish research outputs.

Along this, he expressed his vision of BSU being a Research University in the ASEAN community.

Dr. Calora said that investing in research to position it in the ASEAN entail shorter period of return of investment in terms of acquisition of research funds from outside sources and publication of research outputs.

In order to achieve the said vision, Dr. Calora said that the University will provide opportunities for the faculty and full time researchers to benchmark in state-of-the art laboratories in other countries. //ADSantiago



BSU Research and extension Coordinators from the different colleges, full time researchers and staff of the R&E Sector gathered in a 5-day Planning Workshop in Dagupan City with the primary aim to streamline R&E operations. //NLenguaqe

NSTP conducts Singing Competition and Eco-Fashion Show to promote Environmental Conservation



BSU students under the National Service Training Program (NSTP) showcased their talents through singing competitions and an eco-fashion show on March 22, 2019 at the BSU gymnasium with the theme, “Promoting civic consciousness, moral recovery, defense preparedness, and recognizing the youth’s vital role in Nation Building.”

There were 83 candidates representing 43 sections of NSTP in the eco-fashion show. Here, the students demonstrated their creativity through costumes made out of different biodegradable, non-biodegradable and recyclable materials such as garbage bags, magazine papers, plastic bottles, stick brooms and used sacks.

On the other hand, there were 11 contestants for the solo singing competition and 12 groups composed of five to ten members each for the group singing competition.

According to NSTP Instructor, Chessa Marie V. Selvino, the event is to promote environmental awareness, nationalism, civic consciousness and patriotism. At the same time, it is a fund-raising drive for the students’ NSTP project.

Winners in the solo-singing competition are: Jeanyan Codero, 2nd runner up, representing section BS in Agribusiness 1-A; Clayjhene Atonen, 1st runner up of section BS Information Technology 1-A; and the champion is Angelique Jade Enriquez of section BS in Nursing 1-C.

In the group singing competition, the champion is the group representing Bachelor of Secondary Education section 1-D. The 1st runner up is the group representing BS in Agricultural and Bio-systems Engineering section 1-A and the 2nd runner-up is the group representing Bachelor of Secondary Education section 1-B.

In the eco-fashion show, Joshua Juan Garcia and Ronica Raine Babsa-ay representing BS in Development Communication 1-B were crowned Mr. and Ms. Eco-fashion. The 1st runner ups are Junnelle Pakeo-an and Amihan Raguin Tipan of BS in Agricultural and Bio-systems Engineering section 1-B the and 2nd runner ups are Jomar Beleno and Anley Jayne Bauding of Bachelor of Physical Education section 1-A.

“*Adu piman ti students nga tinmulong ken naki-cooperate ijay nga activity ken ada pay dagijay supportive parents nga inmay* (Many students and even some supportive parents helped and cooperated in the activity),” said Luz T. Sales, an NSTP instructor.

“*Dito ko nakita iyong ‘every labor has a fruit.’ Iyong mga puyat namin at iyong pagkuha ng mga sako at plastic bottle na gagamitin sa costume, worth it kasi nanalo kami at natuto din kami na mag-recycle* (This is where I proved that, every labor has a fruit. Our sleepless nights and our gathering those sacks and plastic bottles that will be used for the costume was all worth it since we won and at the same time, we learned how to recycle),” expressed Joshua Juan J. Garcia, a Development Communication student and Mr. Eco-Fashion Show.

Enzo Dangla, one of the audience also said that the event is helpful to reduce wastes most especially now that there are lots of trash around. //PDMalado | BSDevComm Intern



BSU conducts training on PAP proposal preparation with Gender Perspective



Participants of the Proposals, Activities and Projects Briefs (PAPs) pose with POST Phil Executive Director Dr. Ferdinand P. Gonzales (holding certificate and token). //JABalbwang

BENGUET STATE UNIVERSITY | Public Service Directorate

With the aim to enhance the capabilities of BSU officials and staff in preparing gender-responsive Programs, Activities and Project briefs (PAPs) for the University, a training-workshop on Integrating Gender Perspective in Project Development and Management and Completed Staff Work was conducted on February 28, March 1 & 11, 2019 at the CAS Little Theatre and Strawberry Hall, Benguet State University.

It included series of lectures and workshops on completed staff work and project proposal development. The topics discussed were The Imperatives of Gender Mainstreaming, Project Development and Management, Completed Staff Work, Overview of Gender and Development Plan and Budget and Integrating Gender Perspective in Project Development & Management.

Completed staff work was discussed to guide participants in preparing PAP proposals prior to submission to the management for final review and approval.

During the third day, participants presented several PAP proposals integrating gender issues. These were reviewed by POST Phil Executive Director Dr. Ferdinand P. Gonzales, and BSU GAD Director Frances Noelle G. Escalera. Both are PCW-National GAD Resource Pool Members.

Gonzales and Escalera were impressed and commended the participants for preparing very good project proposals.

"The quality of the proposal is worth reading...I am happy and contented with the output despite limited time", Gonzales said. In his closing remarks, GAD TWG member Richard Kinnud, stressed that project development and completed staff work are very good topics that were discussed in the activity. He added that it gave the participants an idea that in proposing something for the good of the University, the processes discussed especially how to possess the gender lens should be applied. //EMBawayan



ADVOCATING MENTAL HEALTH. The Human Resource Development Office together with Master of Arts in Guidance students conducted a seminar on Advocating Mental Health: Help Heal Lives as an initial activity of the Mental Health Awareness programs of the University. The seminar aims to identify or develop and enhance preventive programs on how to handle mental health issues of students and employees. The two- day seminar was held at the CTE Function Hall last March 8 to 9, 2019. //MLHDel Rosario



Eight years after the last win:

SLS team bags Football and Futsal championship in CARAA 2019



//photo from BSU Science Laboratory School

The BSU-SLS football team representing the province of Benguet won the championship game against Baguio City during the Cordillera Administrative Region Athletic Association (CARAA) last February 27 to March 3, 2019 at Luna, Apayao. This was eight years after the Football team's last win in 2013 and the first championship win for the futsal team.

Despite challenges such as not having enough time for practice, coach Martes Dionisio, said the back to back championship wins gave hope to BSU. He credited the championships to BSU's Football and Futsal Club as well as the Kasibulan program.

The football club started in 1987 while the futsal club started in 2013. Dionisio, who is also the Grassroots Development Officer of the Cordillera Region Football Association (CRFA), described football in BSU as a long-term investment and exposure. CRFA provide avenues for the players to unveil their talents. Sometimes they also do the selection process of athletes who will represent the Cordillera Administrative Region (CAR) in competitions.

"We always conduct grassroots activities at least two to three times a year for both girls and boys. We involve as much as possible our BSU-Elementary Laboratory School (BSU-ELS). They are our number one client because they will be the next generation of athletes", Dionisio said.

As a former football athlete, Dionisio related that back then the football team won consecutively but declined in 2014. He said the recent championship wins are the 'harvest' and the good effect of the Kasibulan Program.

Junuel Fianza, a grade 11 student and one

of the football athletes at the BSU-SLS, said he enjoys playing football. He shared that when he was younger, he watched other children playing in the KASIBULAN KIKO so in grade four he started playing football.

Fianza stressed that one of the challenges of being a student-athlete is the school requirement in maintaining grades.

"For those who play and want to learn football, enjoy playing the game. Football is a great sport because it is easy to learn and is enjoyable because you have a lot of companions", Fianza said.

Lorjane Aludos, a senior high school

student and one of the best players of futsal in SLS, said that she was inspired and encouraged by her friends to play futsal. She started playing when she was in grade five. As a national player of futsal, she shared that some of the challenges she faces are the embarrassment of losing and keeping up with school activities when she has competitions.

"To become a professional player, we will go through a lot of struggles and challenges. When we make mistakes, we should always cheer, motivate and not let ourselves down", Aludos added.

Dionisio concluded that there are four factors to success. First is cooperation which entails sacrifices, second is how determined the players are and their desire to win, third is discipline and last, which will again be affected by the three, is divine intervention.

//MBGamongan | BSDevComm Intern



//photo from BSU Science Laboratory School