



Open Subjects (2nd Semester, 2020-2021)
Institute of Human Kinetics

Code	Section	Subject	Description	Units	Schedule and Room
J50	BPE-SPE IRREG	PROF ED 96C	Field Study (Part 2)	3.0	2:30-4 pm TTh GYM
J1	BPE-SWM 4	SWM 130	Practicum 1 (Sports)	3.0	9 am-12 pm M IHKRM205
J2	BPE-SWM 4	SWM 131	Practicum 2 (Wellness)	3.0	9 am-12 pm W IHKRM205
J3	BSESS 1A	SS 22	Readings in Philippine History	3.0	8-9 am MWF CASAN106
J4	BSESS 1A	ART 21	Art Appreciation	3.0	11 am-12 pm MWF AE315
J5	BSESS 1A	FSC 101	Philosophical and Socio-anthropological	3.0	1-2:30 pm MW IHKROOM202
J6	BSESS 1A	FSC 102	Anatomy of Human Movement and	3.0	2:30-4 pm MW IHKRM204
J7	BSESS 1A	PE 20	Swimming	2.0	8-10 am T GYM
J8	BSESS 1A	STS 21	Science, Technology, and Society	3.0	1-2:30 pm TTh CASAN109B
J9	BSESS 1A	FIL 21	Kontekstwalisadong Komunikasyon sa	3.0	2:30-4 pm TTh AE303
J10	BSESS 1A	NSTP 12A	National Service Training Program 12	3.0	9 am-12 pm Th IHKRM101
J11	BSESS 1B	FIL 21	Kontekstwalisadong Komunikasyon sa	3.0	8-9 am MWF AE303
J12	BSESS 1B	ART 21	Art Appreciation	3.0	4-5 pm MWF CAS104
J13	BSESS 1B	FSM 102	Anatomy of Human Movement and	3.0	1-2:30 pm MW IHKRM204
J14	BSESS 1B	FSM 101	Philosophical and Socio-anthropological	3.0	2:30-4 pm MW IHKROOM202
J15	BSESS 1B	NSTP 12A	National Service Training Program 12	3.0	9 am-12 pm T IHKRM101
J16	BSESS 1B	SS 22	Readings in Philippine History	3.0	1-2:30 pm TTh CASAN203
J17	BSESS 1B	STS 21	Science, Technology, and Society	3.0	2:30-4 pm TTh CASAN110
J18	BSESS 1B	PE 20	Swimming	2.0	8-10 am Th GYM
J19	BSESS 2A	FSC 104	Principles of Motor Control and Learning	3.0	9-10:30 am MW IHKROOM202
J20	BSESS 2A	FSC 105A	Sports and Exercise and Psychology	3.0	10:30 am-12 pm MW IHKRM203
J21	BSESS 2A	FSC 107	Individual and Dual Sports (Any Racket	3.0	1-2:30 pm MW IHKRM203
J22	BSESS 2A	FSC 123	Exercise Prescription and Programming	3.0	2:30-4 pm MW IHKRM205
J23	BSESS 2A	FSC 106	Contemporary Issues in Exercise and	3.0	9-10:30 am TTh IHKRM204
J24	BSESS 2A	FSC A	2nd Elective	3.0	10:30 am-12 pm TTh IHKRM203
J25	BSESS 2A	FSC 124	Coaching Theory and Practice in	3.0	1-2:30 pm TTh IHKRM203
J26	BSESS 2A	PE 24	Team Sports	2.0	3-5 pm T GYM
J27	BSESS 2B	FSM 106	Sports and Exercise Psychology	3.0	9-10:30 am MW IHKRM203
J28	BSESS 2B	FSM 104	Principles of Motor Control and Learning	3.0	10:30 am-12 pm MW IHKROOM202
J29	BSESS 2B	FSM 129	Exercise Prescription and Programming	3.0	1-2:30 pm MW IHKRM205
J30	BSESS 2B	FSM 108	Individual and Dual Sports I (Any Racket	3.0	2:30-4 pm MW IHKRM203
J31	BSESS 2B	FSM A	2nd Elective	3.0	9-10:30 am TTh IHKROOM202
J32	BSESS 2B	FSM 107	Contemporary Issues in Exercise and	3.0	10:30 am-12 pm TTh IHKRM204
J33	BSESS 2B	FSM 126	Macroeconomics	3.0	1-2:30 pm TTh IHKRM204
J34	BSESS 2B	PE 24	Team Sports	2.0	3-5 pm Th GYM
J35	BSESS 3A	FSC 127	Ergogenics and Healthy Eating in	3.0	10:30 am-12 pm MW IHKROOM102
J36	BSESS 3A	FSC 125	Assessment of Fitness and Sports	3.0	1-2:30 pm MW IHKROOM101
J37	BSESS 3A	FSC 126	Sports Ethics and Law	3.0	10:30 am-12 pm TTh IHKRM205
J38	BSESS 3A	FSC 196A	Research 2	3.0	1-2:30 pm TTh IHKROOM202
J39	BSESS 3A	FOR LANG 11	Foreign Language	3.0	9-10 am MWF AE313
J40	BSESS 3B	FSM 130	Assessment of Fitness and Sports	3.0	10:30 am-12 pm MW IHKROOM101
J41	BSESS 3B	FSM 132	Ergogenics and Healthy Eating in	3.0	1-2:30 pm MW IHKROOM102
J42	BSESS 3B	FOR LANG 11	Foreign Language	3.0	4-5 pm MWF AE313
J43	BSESS 3B	FSM 195	Research 1	3.0	10:30 am-12 pm TTh IHKROOM202
J44	BSESS 3B	FSM 125	Operations Management	3.0	1-2:30 pm TTh IHKRM205
J45	BSESS 3B	FSM 128	Business Ethics and Law	3.0	2:30-4 pm TTh IHKRM204
J46	DPE	PE 115	Methods and Techniques in Teaching	3.0	7-10 am S IHKRM203
J47	DPE	PE 116	Anatomy, Kinesiology and Sports	3.0	10 am-1 pm S IHKRM203
J48	DPE	PE 117	Dance I: Fundamentals	2.0	1-3 pm S IHKRM203
J49	DPE	PE 118	Coaching and Officiating Basketball	2.0	3-5 pm S IHKRM203